

SLOAN'S ARNICA MASSAGE OIL (English)

SCHEDULING STATUS:

Not applicable.

PROPRIETARY NAME AND DOSAGE FORM:

Sloan's Arnica Massage Oil.

ACTIVE INGREDIENTS PER 100 g OF OIL:

Arnica Montana Flower Extract 3,00 g

Lavendula Angustifolia (Lavender) Extract 3,00 g

Rosemarinum Officinale 2,00 g

(Rosemary Oil)

Eucalyptus Globulus Leaf Extract 2,00 g

Calendula Officinalis 1,00 g (Calendula Oil)

Anti-oxidant: Butylated Hydroxyl Toluene (BHT) 0,10 g

PHARMACOLOGICAL CLASSIFICATION:

A:32.16 Other substances or agents, other.

MODE OF ACTION:

Topical arnica preparations are used as anti-inflammatories and pain relievers when applied to unbroken skin.

Lavender and Rosemary have a warming and relaxing effect on muscles. Eucalyptus and Calendula possess anti-inflammatory properties. They are analgesic with the latter also being anti-rheumatic.

INDICATIONS:

This preparation may assist in reducing muscular pain and stiffness associated with overexertion, injury, sprains, bruises, strains and inflammation. Arnica is particularly useful for joint, muscle and rheumatic pain and may assist in reducing bruising and swelling following trauma.

CONTRA INDICATIONS:

Known hypersensitivity or allergy to any of the ingredients.

WARNINGS:

Do not apply to areas of broken or abraded skin. Avoid prolonged topical use due to the possibility of developing allergic reactions.

INTERACTIONS:

There are no known interactions.

PREGNANCY AND LACTATION:

Use of arnica is contra-indicated in pregnancy.

Lactating women should consult with a doctor before use.

DOSAGE AND DIRECTIONS FOR USE:

Massage onto affected area 3 to 4 times daily, unless otherwise directed.

Do not apply to open wounds.

For external use only.

SIDE EFFECTS AND SPECIAL PRECAUTIONS:

CAUTION:

Arnica may cause allergic skin reactions including contact dermatitis.

Discontinue use if hypersensitive to arnica.

KNOWN SYMPTOMS OF OVERDOSE AND PARTICULARS OF TREATMENT:

See 'SIDE EFFECTS AND SPECIAL PRECAUTIONS'.

Treatment is symptomatic and supportive.

IDENTIFICATION:

Clear oily liquid with a distinct lavender and eucalyptus fragrance.

PRESENTATION:

100 ml glass bottle.

STORAGE INSTRUCTIONS:

Keep in a cool dry place, below 25°C.

KEEP OUT OF REACH OF CHILDREN.

NAME AND BUSINESS ADDRESS OF APPLICANT:

Pharma Dynamics (Pty) Ltd.

F02 Grapevine House,

Steenberg Office Park,

Westlake, 7945

DATE OF PUBLICATION:

30 JUNE 2006.

SLOAN'S ARNICA MASSAGE OIL (Afrikaans)

SKEDULERINGSTATUS:

Nie van toepassing.

EIENDOMSNAAM EN DOSEERVORM:

Sloan's Arnica Massage Oil.

AKTIEWE BESTANDELE PER 100 g OLIE:

Arnika Montana Blomekstrak 3,00 g

Lavendula Angustifolia-(Laventel) ekstrak 3,00 g

Rosemarinum Officinalis 2,00 g

(Roosmaryn-olie)

Eukaliptus Globulus Blaarekstrak 2,00 g

Calendula Officinalis 1,00 g

(Calendula-olie)

Antioksidant: Gebutileerde Hidroksitolueen (BHT) 0,10 g

FARMAKOLOGIESE KLASSIFIKASIE:

A:32.16 Ander stowwe of middels, ander.

FARMAKOLOGIESE WERKING:

Plaaslike arnika preparate word gebruik vir die verligting van pyn en inflammasie wanneer dit op onbeskadigde vel aangewend word. Laventel en Roosmaryn het 'n warmende en strelende uitwerking op die spiere. Eukaliptus en Calendula het anti-inflammatoriese eienskappe. Hulle is pynstillend en laasgenoemde is ook 'n rumatiekteenmiddel.

INDIKASIES:

Hierdie preparaat mag help met die verligting van spierpyn en styfheid wat gepaardgaan met ooreising, beserings, verstuiting, kneusplekke, en inflammasie. Arnika dra veral by om gewrig-, spier- en rumatiekpyn te verlig en kan help om post-traumadiese kneusplekke en swelling te verminder.

KONTRA-INDIKASIES:

Gekende hipersensitiwiteit tot, of allergie vir enige van die bestanddele.

WAARSKUWINGS:

Moenie op skaaf- of seerplekke aanwend nie. Vermyn langdurige plaaslike aanwending te wyte aan moontlike ontwikkeling van allergiese reaksies.

INTERAKSIES:

Daar is geen bekende interaksies nie.

SWANGERSKAP EN BORSVOEDING:

Gebruik van arnika word teenaangedui gedurende swangerskap.

Vroue wat borsvoed moet 'n dokter raadpleeg voor gebruik.

DOSIS EN GEBRUIKSAANWYSINGS:

Masseer 3 tot 4 maal daaglik in op aangetaste deel, tensy anders aangedui.

Moenie op oop wonde aanwend nie.

Slegs vir uitwendige gebruik.

NEWE-EFFEKTE EN SPESIALE VOORSORGMAATREËLS:

WAARSKUWING:

Arnika mag allergiese velreaksies veroorsaak, insluitend kontakdermatitis.

Staak gebruik indien hipersensitiwiteit vir arnika voorkom.

BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING

DAARVAN:

Verwys na 'NEWE-EFFEKTE EN SPESIALE VOORSORGMAATREËLS'.

Behandeling is simptomaties en ondersteunend.

IDENTIFIKASIE:

Helder, olierige vloeistof met 'n kenmerklike laventel- en eukaliptus aroma.

AANBIEDING:

100 ml glasbottel.

BERGINGSANWYSINGS:

Bêre in 'n koel, droë plek benede 25°C.

HOU BUITE BEREIK VAN KINDERS.

NAAM EN BESIGHEIDSADRES VAN DIE APPLIKANT:

Pharma Dynamics (Edms) Bpk.

F02 Grapevine House,

Steenberg Office Park,

Westlake, 7945

DATUM VAN PUBLIKASIE:

30 JUNIE 2006.