

SLOAN'S HEAT RUB

SCHEDULING STATUS:

S0

ZIMBABWE ONLY
82/14.15/1538 HR

PROPRIETARY NAME (AND DOSAGE FORM):

Sloan's Heat Rub (Cream).

COMPOSITION:

Per 100 g:

Oleoresin Capsicum	0,25 g
Methyl Salicylate	5,0 g
Methyl Nicotinate	0,75 g
Preservative: Methyl Paraben	0,1% m/m

PHARMACOLOGICAL CLASSIFICATION:

A: 13.5 Rubefacients.

PHARMACOLOGICAL ACTION:

Methyl nicotinate has a vasodilatory action on the capillaries and thus promotes the circulation of blood to the affected area. The increased blood flow provides a sensation of warmth to the skin and surrounding muscles.

Methyl salicylate and Oleoresin capsicum are counter-irritants which increase the blood flow to the area and remove the body wastes resulting from exertion or strain.

INDICATIONS:

Sloan's Heat Rub provides symptomatic relief from the pain associated with muscle stiffness, strains and sprains, rheumatism, fibrositis, lumbago, backache and muscular cramps.

CONTRA-INDICATIONS:

Should not be applied to broken skin.

WARNING:

Contains CAMPHOR which may be harmful if swallowed.

DOSAGE AND DIRECTIONS FOR USE:

Apply Sloan's Heat Rub by hand and gently massage the cream into the area of pain or stiffness, and on the surrounding area until the cream has been absorbed.

Note: It is normal for the skin to redden as a result of the increased circulation to the affected area.

Treatment should be repeated two to three times a day.

To accentuate treatment a warm, moist cloth can be applied to the skin either before or after applying the cream.

SIDE-EFFECTS AND SPECIAL PRECAUTIONS:

FOR EXTERNAL USE ONLY -

Avoid contact with the eyes, mucous tissue or broken skin. Take care to wash hands after using Sloan's Heat Rub.

Note: Each person's skin has its own susceptibility to treatment. Where a large area of the body is affected, it is advisable to do a small test patch to check for sensitivity. In the case of sensitive skin, wipe off cream after half to one minute.

KNOWN SYMPTOMS OF OVERDOSAGE AND PARTICULARS OF ITS TREATMENT:

In the case of accidental swallowing, the following symptoms may appear: dizziness, tinnitus, sweating, nausea and vomiting, mental confusion and hyperventilation. More serious signs of toxicity include fever, ketosis and acidosis.

Treatment:

Empty the stomach with an emetic or gastric lavage with a 5% Sodium Bicarbonate solution.

IDENTIFICATION:

An off-white cream having a characteristic methyl salicylate odour.

PRESENTATION:

Tubes of 35 g.

STORAGE INSTRUCTIONS:

Keep in a cool (below 25°C), dry place.
KEEP OUT OF REACH OF CHILDREN.

REGISTRATION NUMBER:

K/13.6/186

NAME AND BUSINESS ADDRESS OF APPLICANT:

Pharma Dynamics (Pty) Ltd.
F02 Gapevine House,
Steenberg Office Park,
Westlake,
7945

DATE OF PUBLICATION OF THIS PACKAGE INSERT:

8 February 1978.

SLOAN'S HEAT RUB

SKEDULERINGSSTATUS:

S0

EIENDOMSNAAM (EN DOSEERVORM):

Sloan's Heat Rub (Room).

SAMESTELLING:

Per 100 g:

Capsicumharsolie	0,25 g
Metielsalisilaat	5,00 g
Metielnikotinaat	0,75 g
Preserveermiddel: Metielparaben	0,1% m/m

FARMAKOLOGIESE KLASSIFIKASIE:

A: 13.5 Rubefasiënte (Hiperemie veroorsakende middels).

FARMAKOLOGIESE WERKING:

Metielnikotinaat het 'n vasodilatoriese werking op die haarvate en help sodoende om die bloedtoevoel na die aangetaste dele te verbeter. Hierdie vermeerderde bloedtoevoel gee 'n sensasie van warmte aan die vel en aangrensende spiere.

Metielsalisilaat en Capsicumharsolie is teenprikkelmiddels wat die toevloei van bloed na die area versnel en verwyder sodoende liggaamsafval veroorsaak deur inspanning en verrekings.

INDIKASIES:

Sloan's Heat Rub verskaf simptomatiese verligting van pyn geassosieer met stywe spiere, verrekings en verstuitings, rumatiek, fibrositis, lendejig, ruggyn en spierkrampe.

KONTRA-INDIKASIES:

Moet nie op gebarste vel aangewend word nie.

WAARSKUWING:

Bevat KANFER wat nadelig kan wees as ingesluk word.

DOSIS EN GEBRUIKSAANWYSINGS:

Smeer Sloan's Heat Rub met die hand op die area waar pyn of stywigheid voorkom, asook op die omliggende area en masseer liggies totdat room geabsorbeer is.

Let wel: Dit is normaal vir die vel om rooi te word as gevolg van die verbeterde bloedtoevoel na die aangetaste area.

Behandeling moet twee tot drie keer per dag herhaal word.

Om die behandeling te bevorder, kan 'n warm, klam lap op die vel geplaas word voor of na die room aangewend word.

NEWE-EFFEKTE EN SPESIALE VOORSORGMAATREËLS:

ALLEENLIK VIR UITWENDIGE GEBRUIK -

Aanraking met die oë, slymvliese, of gebarste vel moet vermy word.

Maak seker dat hande na die gebruik van Sloan's Heat Rub gewas word.

Let Wel: Elke persoon se vel het sy eie vatbaarheid vir behandeling. Dus is dit raadsaam om, waar 'n groot area van die liggaam aangetas is, eers 'n klein kolletjie vir sensitiwiteit te toets. Die room kan na half tot een minuut afgevee word as die vel baie sensitief blyk te wees.

BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING DAARVAN:

As die room per ongeluk ingeneem word, mag die volgende simptome aanwesig wees: lighoofdigheid, oorsuising, sweet, naarheid en vomering, verwardheid en hiperventilasie. Meer ernstige tekens van vergiftiging sluit koors, ketose en asidose in.

Behandeling:

Ledig die maag met 'n braakmiddel of maagspoeling met 'n 5% Natriumbikarbonaat-oplossing.

IDENTIFIKASIE:

'n Naaswit room, met 'n tipiese metielsalisilaat geur.

AANBIEDING:

Buise met 35 g.

BERGINGSINSTRUKSIES:

Bewaar op 'n koel (benede 25°C), droë plek.

HOU BUITE BEREIK VAN KINDERS.

REGISTRASIENOMMER:

K/13.6/186

NAAM EN BESIGHEIDSADRES VAN APPLIKANT:

Pharma Dynamics (Edms) Bpk.
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